**Lampiran :**

Tabel 1.1

Distribusi Responden Berdasarkan Umur dan Jenis Kelamin

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Deskripsi** | **Kelompok Bridging** | | **Kelompok Strengthening** | |
| **Umur (Tahun)** | f | % | f | % |
| 21 – 40 | 1 | 10 | 0 | 0 |
| 1. – 60 | 7 | 70 | 7 | 70 |
| > 60 | 2 | 20 | 3 | 30 |
| **Jumlah** | **10** | **100** | **10** | **100** |
| **Jenis Kelamin** |  | | | |
| Laki-laki | 7 | 70 | 7 | 70 |
| Perempuan | 3 | 30 | 3 | 30 |
| **Jumlah** | **10** | **100** | **10** | **100** |

Sumber : Data primer, 2013

Tabel 1.2

Distribusi Keseimbangan Duduk Pasien Post Stroke Non Hemoragik Sebelum dan Sesudah Pemberian Latihan Bridging

|  |  |  |  |
| --- | --- | --- | --- |
|  | Nilai Keseimbangan Duduk | | |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 2.10 | 3.50 | 1.40 |
| SD | 0.74 | 0.71 | 0.52 |

Sumber :Data Primer 2013

Tabel 1.3

Perbandingan Nilai Keseimbangan Duduk Pasien Post Stroke Non Hemoragik Sebelum dan Sesudah Pemberian Latihan Bridging

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Nilai Keseimbangan Duduk | | | p | Ket. |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 2.10 | 3.50 | 1.40 | 0.004 | S |
| SD | 0.74 | 0.71 | 0.52 |

Keterangan : Uji *Wilcoxon,* S = berbeda signifikan

Tabel 1.4

Distribusi Keseimbangan Duduk Pasien Post Stroke Non Hemoragik Sebelum dan Sesudah Pemberian Latihan Strengthening

|  |  |  |  |
| --- | --- | --- | --- |
|  | Nilai Keseimbangan Duduk | | |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 2.10 | 3.10 | 1.00 |
| SD | 0.88 | 0.74 | 0.67 |

Sumber :Data Primer 2013

Tabel 1.5

Perbandingan Nilai Keseimbangan Duduk Pasien Post Stroke Non Hemoragik Sebelum dan Sesudah Pemberian Latihan Strengthening

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Nilai Keseimbangan Duduk | | | p | Ket. |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 2.10 | 3.10 | 1.00 | 0.008 | S |
| SD | 0.88 | 0.74 | 0.67 |

Keterangan : Uji *Wilcoxon,* S = berbeda signifikan

Tabel 1.6

Perbandingan Nilai Keseimbangan Duduk Pasien Post Stroke Non Hemoragik Sesudah Perlakuan Antar Kelompok

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Perlakuan | Rerata | SD | Selisih Rata-rata | p | Ket |
| Latihan Bridging | 3.50 | 0.71 | 0.40 | 0.247 | TS |
| Latihan Strengthening | 3.10 | 0.74 |

Keterangan = Uji *Mann-Whitney*, TS= berbeda tidak signifikan

Grafik 1.1.

Perbandingan Keseimbangan Duduk AntaraKelompok Latihan Bridging dan Kelompok LatihanStrengthening