**LAMPIRAN-LAMPIRAN :**

Tabel 1.1

Distribusi Responden Berdasarkan Kelompok Usia

|  |  |  |
| --- | --- | --- |
| Kelompok Usia | f | % |
| 26 – 30  31 – 35  36 – 40  41 – 45  46 – 50 | 3  3  9  4  1 | 15  15  45  20  5 |
| Jumlah | 20 | 100 |

Sumber : Data Primer 2013

Tabel 1.2

Distribusi Responden Berdasarkan Jenis kelamin

|  |  |  |
| --- | --- | --- |
| Jenis Kelamin | f | % |
| Laki-laki  Perempuan | 9  11 | 45  55 |
| Jumlah | 20 | 100 |

Sumber : Data Primer 2013

Tabel 1.3

Distribusi Nilai Aktualitas Nyeri Otot Upper Trapezius Sebelum dan Sesudah Pemberian Microwave Diathermy dan Muscle Energy Technique

|  |  |  |  |
| --- | --- | --- | --- |
|  | Nilai VAS Otot Upper Trapezius | | |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 5.48 | 2.75 | 2.73 |
| SD | 0.33 | 0.62 | 0.40 |

Tabel 1.4

Perbandingan Nilai Aktualitas Nyeri Otot Upper Trapezius Sebelum dan Sesudah Pemberian Microwave Diathermy dan

Muscle Energy Technique

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Nilai VAS Otot Upper Trapezius | | | Z | p | Ket |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 5.48 | 2.75 | 2.73 | - 2.81 | 0.005 | S |
| SD | 0.33 | 0.62 | 0.40 |

Keterangan: Uji Wilcoxon

Tabel 1.5

Distribusi Nilai Aktualitas Nyeri Otot Upper Trapezius Sebelum dan Sesudah Pemberian Ultrasound dan Muscle Energy Technique

|  |  |  |  |
| --- | --- | --- | --- |
|  | Nilai VAS Otot Upper Trapezius | | |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 5.51 | 2.55 | 2.96 |
| SD | 0.45 | 0.50 | 0.56 |

Tabel 1.6

Perbandingan Nilai Aktualitas Nyeri Otot Upper Trapezius Sebelum dan Sesudah Pemberian Ultrasound dan Muscle Energy Technique

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Nilai VAS Otot Upper Trapezius | | | Z | p | Ket |
| Pretest | Posttest | Selisih Rata-rata |
| Mean | 5.51 | 2.55 | 2.96 | -2.81 | 0.005 | S |
| SD | 0.45 | 0.50 | 0.56 |

Keterangan: Uji Wilcoxon

Tabel 1.7

Perbandingan Nilai Aktualitas Nyeri Akibat Spasme Otot Upper Trapezius SesudahPerlakuan Antar Kelompok

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Perlakuan | Rerata | SD | Selisih Rata-rata | U | p | Ket |
| MWD dan MET | 2.75 | 0.62 | 0.2 | -0.84 | 0.40 | TS |
| US dan MET | 2.55 | 0.50 |

Keterangan = Uji *Mann-Whitney*, TS= berbeda tidak signifikan

Grafik 1 Perbandingan Nilai Aktualitas Nyeri Akibat Spasme

Otot Upper Trapezius Antar Kelompok Sebelum dan

Sesudah Intervensi