**Tabel 1** **Distribusi Subjek Penelitian Berdasarkan Jenis Kelamin**

|  |  |  |
| --- | --- | --- |
| **Jenis kelamin** | **Frekuensi** | **Persentase (%)** |
| **Laki-laki** | 24 | 34.3 |
| **Perempuan** | 46 | 65.7 |
| **Total** | 70 | 100 |

Sumber : Data Primer Terolah

**Tabel 2 Distribusi Hipertensi Berdasarkan Jenis Kelamin**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Jenis Kelamin** | **Kreteria Sistolik** | | | | | | **Total** | |
| **Normal** | | **Hipertensi Stadium I** | | **Hipertensi Stadium II** | |
| **N** | **%** | **n** | **%** | **n** | **%** | **N** | **%** |
| Laki-laki | 9 | 37.5 | 4 | 16.7 | 11` | 45.8 | 24 | 34.3 |
| Perempuan | 11 | 23.9 | 13 | 28.3 | 22 | 47.8 | 46 | 65.7 |
| **Total** | 20 | 28.6 | 17 | 24.3 | 33 | 47.1 | 70 | 100 |

Sumber : Data Primer Terolah

**Tabel 3 Distribusi Hipertensi Berdasarkan Usia**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Usia** | **Kreteria Sistolik** | | | | | | **Total** | **Persen**  **(%)** |
| **Normal** | | **Hipertensi Stadium I** | | **Hipertensi Stadium II** | |
| **n** | **%** | **n** | **%** | **N** | **%** |
| **Usia Lanjut** | 16 | 39.0 | 12 | 29.3 | 13 | 31.7 | 41 | 58.6 |
| **Usia Lanjut Tua** | 4 | 13.2 | 5 | 13.8 | 20 | 69.0 | 29 | 41.4 |
| **Total** | 20 | 28.6 | 17 | 24.3 | 33 | 47.1 | 70 | 100 |

Sumber : Data Primer Terolah

**Tabel 4 Distribusi Indeks Massa Tubuh ( IMT) Subyek penelitian Berdasarkan Hipertensi**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **IMT** | **Hipertensi** | | | | | | **Total** | **Persen**  **(%)** |
| **Normal** | | **Hipertensi stadium I** | | **Hipertensi stadium II** | |
| **n** | **%** | **n** | **%** | **N** | **%** |
| **BB kurang** | 4 | 30.8 | 4 | 30.8 | 5 | 38.5 | 13 | 18.6 |
| **BB ideal** | 12 | 50.0 | 7 | 29.2 | 4 | 20.8 | 23 | 34.2 |
| **BB lebih** | 2 | 14.3 | 3 | 15.3 | 10 | 71.4 | 15 | 20.0 |
| **Obesitas I** | 1 | 7.7 | 4 | 30.8 | 8 | 61.5 | 13 | 18.6 |
| **Obesitas II** | 1 | 16.7 | 0 | 0 | 5 | 83.3 | 6 | 8.6 |
| **Total** | 20 | 28.6 | 18 | 25.7 | 32 | 45.7 | 70 | 100 |

Sumber : Data Primer

**Tabel 5 Hubungan Indeks Massa Tubuh Dengan Hipertensi**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **IMT** | **Hipertensi** | | | | | |
| **Hipertensi stadium I** | | **Hipertensi stadium II** | | **Total** | |
| **n** | **%** | **n** | **%** | **N** | **%** |
| **BB kurang** | 4 | 30.8 | 5 | 38.5 | 9 | 16.6 |
| **BB ideal** | 7 | 29.2 | 4 | 20.8 | 12 | 21.7 |
| **BB lebih** | 3 | 15.3 | 10 | 71.4 | 13 | 30.2 |
| **Obesitas I** | 4 | 30.8 | 8 | 61.5 | 12 | 21.7 |
| **Obesitas II** | 0 | 0 | 5 | 83.3 | 5 | 9.8 |
| **Jumlah** | 17 | 24.7 | 32 | 45.7 | 51 | 100 |

Sumber : Data Primer Terolah