**LAMPIRAN-LAMPIRAN :**

Tabel 6.1

Distribusi sampel berdasarkan umur, jenis kelamin,

tinggi badan dan berat badan

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Karakteristik Sampel | Kelompok I (MET) | | | Kelompok II (SCS) | | |
| n | Rerata | SD | n | Rerata | SD |
| Umur | 10 | 48,30 | 9,358 | 10 | 39,60 | 6,769 |
| Jenis kelamin:  Laki-laki  Perempuan | 1 (10%)  9 (90%) | -  - | -  - | 3 (30%)  7 (70%) | -  - | -  - |

Tabel 6.2

Distribusi Nilai VAS pretest,post,dan selisih untuk MET

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| No | Responden | Nilai VAS | | Selisih |
| Pre test | Post test |
| 1. | HA | 7,0 | 3,8 | 3,2 |
| 2. | DR | 7,0 | 4,6 | 2,4 |
| 3. | JH | 9,0 | 6,0 | 3,0 |
| 4. | WR | 8,0 | 7,0 | 2,0 |
| 5. | DRM | 9,0 | 5,0 | 4,0 |
| 6. | BR | 8,3 | 4,5 | 3,8 |
| 7. | EL | 8,2 | 5,3 | 3.9 |
| 8. | HS | 7,0 | 6,2 | 0,8 |
| 9. | BV | 6,0 | 4,5 | 1,5 |
| 10. | HSL | 8,0 | 6,0 | 2,0 |
| Mean / Rerata | | 7,850 | 5,290 | 2,560 |
| Standar Deviasi | | 1,070 | 0,9882 | 1,202 |

Tabel 6.3

Distribusi Nilai VAS pre test, post test, dan selisih untuk SCS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| No. | Responden | Nilai VAS | | Selisih |
| Pre test | Post test |
| 1. | IL | 9,0 | 7,0 | 2,0 |
| 2. | RM | 7,0 | 5,4 | 1,6 |
| 3. | RH | 8,0 | 6,0 | 2,0 |
| 4. | RK | 6,0 | 4,2 | 1,8 |
| 5. | SR | 6,0 | 3,4 | 2,6 |
| 6. | FS | 7,0 | 5,3 | 1,7 |
| 7. | MST | 8,0 | 6,0 | 2,0 |
| 8. | HSM | 7,0 | 5,0 | 2,0 |
| 9. | DN | 9,0 | 8,0 | 1,0 |
| 10. | ME | 8,0 | 6,0 | 2,0 |
| Mean / Rerata | | 7,50 | 5,630 | 1,870 |
| Standar Deviasi | | 1,080 | 1,3115 | 0,4057 |

Tabel 6.4

Distribusi nilai rerata berdasarkan nilai VAS pre test,

post test dan selisih

|  |  |  |  |
| --- | --- | --- | --- |
| Kelompok Sampel | Rerata dan Simpangan Baku | | |
| Pre test | Post test | Selisih |
| Kelompok I (MET)  Kelompok II (SCS) | 7,85 ± 1,07  7,50 ± 1,08 | 5,29 ± 0,988  5,63 ± 1,311 | 2,56 ± 1,202  1,87 ± 0,406 |

Tabel 6.5

Uji normalitas distribusi dan uji homogenitas varian

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Kelompok Data | Normalitas dengan *Shapiro-Wilk test* | | | | Homogenitas dengan *Levene’s test* |
| Kelompok I (MET) | | Kelompok II (SCS) | |
| Statistik | p | Statistik | p | p |
| Sebelum (Pre test)  Sesudah (Post test)  Selisih | 0,922  0,957  0,918 | 0,373  0,754  0,337 | 0,907  0,975  0,875 | 0,258  0,931  0,114 | 0,933  0,605  0,001 |

Tabel 6.6

Uji beda rerata VAS sebelum dan sesudah intervensi

pada kelompok I (MET)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kelompok Data | Sebelum | Sesudah | T | P |
| Mean | 7,850 | 5,290 | 6,735 | 0,000 |
| SD | 1,07 | 0,988 |

Tabel 6.7

Uji beda rerata VAS sebelum dan sesudah intervensi

pada kelompok II (SCS)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kelompok Data | Sebelum | Sesudah | T | P |
| Mean | 7,50 | 5,630 | 14,578 | 0,000 |
| SD | 1,08 | 1,311 |

Tabel 6.8

Uji beda rerata sesudah intervensi antara

kelompok I (MET) dan kelompok II (SCS)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Kelompok I | Kelompok II | T | p |
| Mean | 5,290 | 5,630 | -0,655 | 0,521 |
| SD | 0,988 | 1,311 |